

Meals & More

Happier, Healthier Children

Autumn
2024

It could be said that we are in a year of “change”, whilst we remain hopeful, change or improvement for many we support cannot come soon enough.

This year thanks to the continued support of our long-standing corporate partners and indeed new partners that have joined us on our journey we have been able to extend our reach further. The year so far, we now support:

- 47 delivery partners
- 325 holiday clubs
- 313,000 Meals supported to date in 2024 (Feb. > Sept.)
- 16,000 Hours of activity provided by our delivery partners
- 35,000 Children attending holiday clubs

We could not do what we do for so many without your amazing support. Thank you.

Peter McGrath, OPERATIONS DIRECTOR

A note from our Chair

Having joined the board last year, I was delighted to be elected as Chair of Trustees for Meals & More this summer. It has been an absolute pleasure to join a charity that has achieved so much.

I would like to give my thanks to Kate Woodhouse who has led with inspirational commitment which has enabled the charity to grow and develop over the years.

Looking forward, the challenge remains for so many children and young people that live in difficult circumstances during the school holidays and I, with the rest of the board, are focused on the journey ahead.



Showcasing Meals & More

Peter, Patrick, and Jade showcased Meals & More at this year's LACA Main Event, attending to strengthen connections, network, and gather support for the charity's mission.



At the event, they reconnected with existing supporters and engaged with new potential partners, all united in addressing challenges in food provision for children and advocating for increased funding to ensure that all children have access to nutritious meals.



Visit the Meals & More website

www.mealsandmore.co.uk

or
SCAN
THE QR
CODE



Do you have questions about



Please
Email

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Registered Charity Number: 1179092

Tweet us @MealsandMoreUK

Quorn and Finsbury Food supported a holiday club in Barnsley



Quorn and Finsbury Food recently supported a holiday club in Barnsley, joining families and children for a fun-filled day of activities. Their involvement helped create a memorable experience for attendees, supporting the holiday club's mission to provide enjoyable, enriching activities for families in need.

QuornPRO

Finsbury
Food Group

ReThink Food

We're excited to announce the launch of **ReThink Food**, a new project that teaches young people about **food, health, and sustainability**.

This initiative perfectly aligns with Meals & More's mission to combat child food insecurity and support well-being by equipping the next generation with essential knowledge for healthier lives. Through ReThink Food, we're helping build a future where nutritious food is accessible and valued by all.

In Partnership with **ReThink Food**

RETHINK FOOD

PILOT SCHEME
SUMMER 2024

Teaching the next generation about food, from seed to sustainability.



Meals & More
Happier. Healthier Children.

Thank you **brakes**

Brakes raised an FANTASTIC **£1150** at their Summer Fun Day raffle - **this funds 884 meals!**



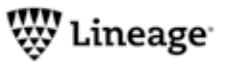
A warm welcome to Jade

This summer, we were thrilled to welcome Jade to our team! Jade will be focusing on **Marketing and Communications**, bringing fresh ideas and energy to our initiatives.



We're excited to see the creativity and expertise she will bring as we continue to grow and connect with our community. **Welcome aboard, Jade!**

Lineage 12 Peaks challenge



A huge thank you to **Lineage** for conquering the **12 Peaks Challenge** and raising over **£30,000** for **Meals & More!**

Their determination and generosity will make a big impact, helping us provide nutritious meals and activities for children in need during school holidays. We're so grateful for their incredible support—what an achievement!



Brakes Snowdon Walk



A huge shout out to the **Brakes Central Region Sales Team** for conquering **Mount Snowdon** on **October 7th** in support of Meals & More!

Your incredible effort is making a real difference. **Thank you for going the extra mile!**



The Big Day Out 2024



This summer, Meals & More has proudly supported **47** holiday clubs, benefiting **3,707 children** and **737 adults**, while facilitating **52 Big Days Out**.



These figures highlight our dedication to ensuring that children have access to enjoyable experiences and healthy food, fostering well-being and connection in their communities.

Fresh Direct and TLG

freshdirect

TLG make lunch

We extend our heartfelt gratitude to **Fresh Direct** for donating 700 pieces of fruit to support **TLG Make Lunch** during **'The Big Day Out'** this summer. Their generosity ensured that many families had access to healthy snacks they would not have otherwise enjoyed.



Thank you

We would like to **thank** all our **corporate partners** who have helped to make Meals & More such a success.

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